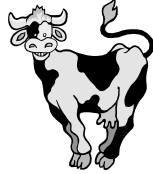


River Falls Nutrition Program June 2019 Menu

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| 119 Union Street - 715-425-9932 | Serving Monday – Friday |
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*****Due to circumstances beyond our control, menu changes may occur from time to time*****

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|---|--|---|--|--|--|--|--|--|--|
| <p>Suggested Donation for: Congregate Dining: \$5.00 per meal Home-delivered Meals: \$6.50 per meal Please pay as much as you can afford, as we rely on donations from participants to keep the program going.</p> | | | |  | | <p>What happened when the cow jumped over the barbed wire fence?</p> <p><i>It was an udder catastrophe!</i></p> | | | |
| 3 Swedish Meatballs Buttered Noodles Carrots Chef's Choice Fruit Bread Stick Dessert | | 4 Smothered Chicken Au Gratin Potatoes Country Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert | | 5 Pot Roast Mashed Potatoes w/ gravy Asparagus Chef's Choice Fruit Dinner Roll Dessert | | 6 Marinated Pork Loin Baked Potato Green Beans Chef's Choice Fruit Bread Slice Dessert | | 7 Shrimp Scampi Broccoli Chef's Choice Fruit Bread Stick Dessert | |
| 10 Beef Chow Mein Cass. Fried Rice Stir Fry Veggies Egg Roll Chef's Choice Fruit Dessert | | 11 Honey Glazed Ham Sweet Potatoes Peas Chef's Choice Fruit Dinner Roll Dessert | | 12 Seasoned Chicken Mashed Potato w/ gravy Carrots Chef's Choice Fruit Dinner Roll Dessert | | 13 Lasagna Squash Chef's Choice Fruit Garlic Bread Dessert | | 14 Crispy Fish w/ lemon Au Gratin Potatoes Green Beans Chef's Choice Fruit Dinner Roll Dessert | |
| 17 Sausage Alfredo Pasta Country Blend Veggies Chef's Choice Fruit Breadstick Dessert | | 18 Garlic Shrimp Seasoned Baby Reds Broccoli Chef's Choice Fruit Garlic Biscuit Dessert | | 19 Oven Roasted Turkey Mashed Potatoes w/ gravy Rutabaga Blend Veggies Chef's Choice Fruit Dinner Roll Dessert | | 20 Sausage Spinach Quiche Bacon, Waffle Sticks Fried Potatoes Mixed Berries Cinnamon Roll | | 21 Lemon Baked Cod Baked Potato Carrots Chef's Choice Fruit Dinner Roll Dessert | |
| 24 Country Fried Steak Mashed Potatoes w/ gravy Peas Chef's Choice Fruit Bread Slice Dessert | | 25 Chicken Kiev Au Gratin Potatoes 5 Way Blend Veggies Chef's Choice Fruit Garlic Biscuit Dessert | | 26 Home Style Meatloaf Mashed Potatoes w/ gravy California Blend Veggies Chef's Dessert Dinner Roll Dessert | | 27 BBQ Riblet Baked Potato Green Beans Chef's Choice Fruit Garlic Biscuit Dessert | | 28 Baked Salmon Au Gratin Potatoes Asparagus Chef's Choice Fruit Dinner Roll Dessert | |